

# UBC IDEAS Mentorship

## Newsletter

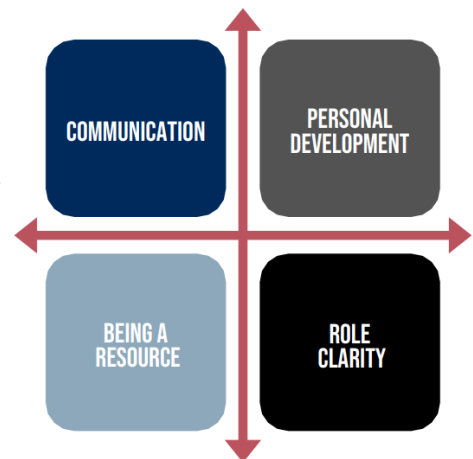
### UBC School of Information

## The Mentorship Competency Framework

Hi mentors and mentees! We hope February has gotten off to a good start and that you've had your initial conversations by now.

Whether it is your first time participating in a mentorship program, or your millionth time, the mentorship competency framework can be helpful in helping you be an effective mentor and mentee.

There are four primary mentorship competencies that you can use to think about how to be an effective mentor.



#### 1. Communication

- Consistently practice effective communication skills
- Establish good rapport
- Use active and reflective listening and provide constructive feedback

#### 2. Personal Development

- Support and guide your mentee's learning
- Help your mentee set realistic expectations for success
- Encourage reflection and enable your mentee to learn from his or her experiences

#### 3. Being a Resource

- Connect your mentee to opportunities, people, resources
- Share your knowledge with your mentee
- Act as a tour guide of your area of expertise

#### 4. Role Clarity

- Clarify your own values, beliefs and attitudes and seek to use these to support your mentee
- Understand the impact of personal biases as well as your own limits
- Understand your role, purpose and expectations as a guide and as a resource (rather than a counsellor or a tutor)

For more information: *Mentor Handbook* ([utoronto.ca](http://utoronto.ca))

## Upcoming Conferences

Looking for a prompt to help get your discussion going? Not sure what to do as a mentorship pair? Here are conferences happening this spring/summer that might spark your interest!

Remember: IDEAS can sponsor up to \$150 total for each mentorship pair. This stipend is for activities such as lunch/coffee meetings, professional development events, online webinars, and conferences.

Sponsorships for conferences only include Early Bird Registration (including tax). This does not include travel and accommodation costs. Conference sponsorships will be decided based on a first come, first serve basis as we have a limited budget.

The full list of upcoming conferences and more details about registration are included in our [Conferences](#) spreadsheet. If there is a conference you would like to add, please email us!

## Save the Date - Student Mixer

The IDEAS student group has organized a student mixer for all our mentees in this year's Mentorship Program cohort. Below are the details! The venue and more information will be shared via our Discord.

Date: March 17, 2023

Time: 5 PM onwards

Venue: An intimate venue at an IDEAS member's place in Mount Pleasant

A chill board games-esque evening with loads of food and a mocktail bar awaits you! If you would like to bring any board games or activities, feel free to do so!

To confirm your attendance, please RSVP [here](#).

Please join the [IDEAS discord](#) where more information about the venue will be shared.

Join the IDEAS Discord!

<https://discord.gg/RGcUrHJ7mS>



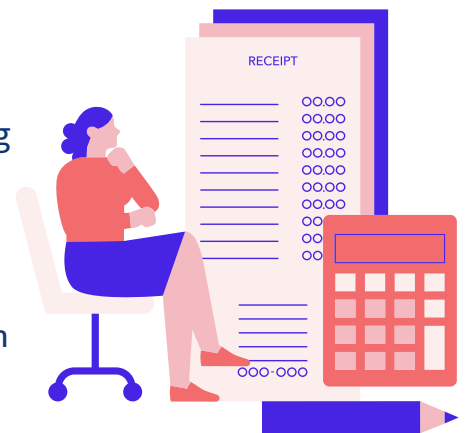
## Mentorship Fund

Time Commitment: February 2023 to April 30, 2023

IDEAS can sponsor up to **\$150 total** for each mentorship pair. This stipend is for activities such as lunch/coffee meetings, professional development events, online webinars, and conferences.

We are still finalizing the reimbursement process, but in the meantime, if you are using your fund, please provide the following documents and information to the IDEAS organizing team:

1. Documentation of your meeting with your mentee/mentor.  
This can be something like a zoom screenshot or confirmation email of when you are going to meet and where.
2. A scan or photograph of the original receipt of the purchase.
  - a. Please make sure that this is an **itemized** receipt.
  - b. If you also received a separate **debit/credit receipt**, please also make sure and send a scan or photograph of it.
3. The email address to which an eTransfer can be sent.



*More details will be sent in the next newsletter. Keep your receipts in the meantime!*

IDEAS@UBC is a student group that seeks to provide a safe and productive community for IBPOC (Indigenous, Black, and People of Colour) students in departments and fields of study related to information, cultural, and memory work at the University of British Columbia's School of Information.

To learn more, visit our website at <https://ubcideas.wordpress.com/>. Send any questions you might have to our email at [ideas.ubc@gmail.com](mailto:ideas.ubc@gmail.com).

Thank you!

